

CREATING A CONDUCIVE LEARNING ENVIRONMENT IN ELEMENTARY SCHOOL

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ABSTRACT

This research aims to determine discipline students' low grades in SDN 1 Sumurup, factors that influence student discipline, and strategies for increasing discipline in students. Deep method study This uses the descriptive qualitative method. Data collection was carried out through interviews, observation, as well as documentation. The data analysis used is reduction data, presentation data, And conclusion drawing. The results of this study include: 1) SDN 1 Sumurup has made the right rules to create a conducive learning environment but still students have not been able to apply them. 2) The factors causing the lack of discipline of low-grade students at SDN 1 Sumurup consist of internal and external factors. 3) Strategies to improve student discipline include: a) using self-management strategies (self-monitoring, stimulus control, and self-reward), b) making the teacher a role model for students in applying discipline, c) the teacher taking a personal approach on a one-by-one basis with students, d) implementing a reward and punishment system, e) providing counseling and assistance to students who are experiencing problems, f) promoting socialization regarding discipline in schools to students and parents, and g) evaluating changes in student behavior.

Keywords: learning outcomes, discipline, elementary school

INTRODUCTION

Indonesia is a developing country much potential; the only one is Source Power Man (HR)—body Center Statistics year 2022 record whole residents in Indonesia amount 275,773.8 thousand souls. Potency HR in Indonesia should offset with quality, which is Good Because indicator progress is something the country can see from quality HR owned. Forming individual rates can done through track education. Education helps individuals increase their degrees and ability to overcome problems, which is global with a critical attitude, systematic, And rational.

Every Indonesian citizen is entitled to education, which poured into Chapter 31 Constitution of the Republic of Indonesia in 1945. The realm of education in Indonesia has also had a definite legal umbrella, viz Constitution Country Republic Indonesia Number 20 Year 2003 About System Education National. All provisions about education have been arranged in the Constitution. " National education aims to develop the potential of students so that they become man believers and fear to God The

Almighty Esa, morals glorious, healthy, knowledgeable, capable, creative, And independently”.

Efforts to realize education formally are through the process of Study teaching (PBM) in school. Treasure states, "Study is something process change Act in demand somebody as results from experience in a manner sustainable" (Hartati, 2022) . Learning is an important substance in the whole educational process (Salam, M., & Anggraini, 2018) . The essence of learning is for students to master various competencies, attitudes, and skills that can be used as a provision for the future. Therefore, it is necessary intention and student action for create a class situation Which conducive moment Study.

The teaching and learning process (PBM) in schools can be conducive if there are rules or regulations regulations that can control each student's behavior. A conducive classroom environment can seen from circumstances on moment Process Study Teach (PBM) Which walks with effective and efficient because students are disciplined in following every rule applied in in class. Complying with classroom rules has a close relationship with discipline. It was stated that "Discipline in Mark character nation is an action that shows orderly behavior and compliance with various rules and regulations". Matter naturally can help reach objective learning with maximum. Discipline can grow and trained through education character. Discipline leads to pattern Act in demand like 1) exists desire To operate all Which has become t h e norm, ethics, and rules That apply in environment, 2) behavior that is controlled, And 3) obedience (Sulistiyani in Rusni, R., & Agustan, 2018)). Urgency from application discipline is For form behavior individual in accordance with roles which has set by group certain (Hurlock in. Discipline Study Become Wrong One step To help sstudents For can develop control self during Process Study Teach (PBM). So, discipline can influence results Study students.

Students who are still taking the Elementary School (SD) level need motivation from teachers to implement discipline in the classroom. In addition, the family is also becoming a crucial part of fostering a disciplined attitude for students. Integration between families, environment school, And the public is very needed to build awareness self students in obeying the rules and applying discipline. Attitude discipline including Wrong actualization mark morals and character must applied in in self every inhabitant country from early included moment preschool and educational level base (Mariyani et al.,

2018).

School as an institution of education can become an instrument for planting values Pancasila and applying education character. Matter This the more supported by programs government through Education Strengthening Character (PPK). Lack of attitude discipline on self individual can trigger behavior immoral or contrary to values Pancasila Which become life guide socialize. Therefore, it is necessary to implement and actualize the values in mark Pancasila in every line of life including in environment school.

The school Which becomes a research location is Elementary School 1 Sumurup, conveniently located in Subdistrict Dam, Regency Trenggalek. Based on observation beginning, a student in elementary school 1 Sumurup Still needs accompaniment Teacher To operate discipline on moment Process Study Teach (PBM). Student class low in elementary school 1 Sumurup Still Not yet maximum in operate discipline in class nor in environment school so that need motivation and assistance to make it happen. Condition And problem the push researcher for do research about discipline student class low in elementary school 1 Sumurup, factors which influenced discipline student, And strategy for increase discipline student.

LITERATURE REVIEW

Discipline is a societal approach to teaching children about the moral behavior accepted by the group. It involves an element of volunteerism and self-awareness. This means that the will and ability to behave according to group norms emerge intrinsically, without any pressure. Therefore, there should be no coercion from parents or teachers as teachers in teaching discipline. Conversely, children or students will internalize discipline because they are aware of its importance, not because of external pressure. Thus, children will understand that the purpose of discipline is to improve the quality of life and provide benefits for their happiness, especially concerning social skills and self-esteem.

The purpose of applying discipline is to shape behavior in a way that conforms to the roles defined by the culture and environment in which the individual is located. Parents or teachers are expected to be able to explain in advance the benefits and importance of discipline for children before they start the disciplinary process. The goal is for children to understand the intent and purpose behind discipline as they go through this process. Thus, this step will produce positive benefits that have an impact on the

child's overall development.

Discipline is a method used by society to teach children about the accepted norms of behavior in groups. The aim is to introduce children to the difference between behavior that is considered positive and negative and to encourage them to adapt to expected standards of behavior. The important role of parents, adults, or teachers in providing stimulation and intervention for children is a key factor so that children can understand the desired behavior in accordance with the social norms of their group.

It is important for children to be taught that making mistakes inevitably comes with certain consequences. Therefore, punishment plays an important role in educating children. Discipline is an attitude that has value, and can be applied either through coercion or voluntary methods. In early childhood, the application of discipline must be carried out in a voluntary way and through a play approach. Factors such as teachers, society, and parents have the greatest impact on shaping regular behavior patterns in children.

The research findings show that the implementation of character education in terms of discipline is implemented through nine strategic steps, namely (1) designing a character education program; (2) reinforcing school norms and class rules; (3) holding Dhuha and Dhuhur prayers in congregation; (4) initiate affective posts in each classroom; (5) supervise students' disciplinary behavior at home by recording daily activities; (6) presenting affective messages in various areas of the school environment; (7) involve the participation of parents; (8) involve the school committee; and (9) create a classroom atmosphere that supports the formation of discipline.

METHODOLOGY

Method Which used in the study This is an approach study qualitative with types of research. Qualitative descriptive is a term often used for qualitative i, which the study is descriptive. Study qualitative is a study That used on perspective design theoretical such as biographical research, phenomenological research, ethnographic research, research *grounded theory*, narrative research, case study research, historical research, and analysis content. Descriptive research is a study to analyze facts with the right interpretation or interpretation. The researcher method uses its own objective for exposing discipline student in elementary school one sumurup, the factors Which

influence discipline students, And the strategy For increase student discipline.

The researcher as the main instrument is present at the research location to interact directly with informants, observe phenomena at research sites, and try to solve various problem Which happens in the field (Manab, 2015). The location study is at Elementary school 1 Sumurup Which is addressed in RT. 01 RW. 01 hamlet Corner, Village sum up, dam district, Trenggalek Regency. Researchers do study in location. This is because the level of discipline in learning at SDN 1 Sumurup students is still lacking especially for low-class students like in class 1 until class 3 SD. Technique collection data has been done through interviews with para teachers and student class 1st to 3rd grade at SDN 1 Sumurup, observation during the Teaching and Learning Process (PBM) at SDN 1 Sumurup, and documentation. The research time in semester am odd year teachings 2022/2023 starting from date November 1 to 11, 2022. Observed aspects and asked in the interview in the form of student orderliness during entry hours school, obligation student, right student, prohibition student, uniform student, And spiritual student.

Data analysis on This study uses the procedure owned by Miles and Huberman: reduction data, presentation data, And withdrawal conclusion. Check validity findings data done with three method triangulation: source, technical, and time triangulation. The researcher do interview with informant Which difference consists from 3 Teachers that: is Teacher guardian class 3, Teacher religion, Teacher PJOK, as well as five student class 1, 5 students from class 2, And 5 students class 3 elementary school 1 Sumurup. Check validity data with triangulation technique using three technique Which different that is observation, interview, and documentation. Whereas checking validity data with triangulation time is performed with continuous research.

RESULTS AND DISCUSSION

1. Discipline Student Class Low elementary school 1 Sumurup

Mark character on somebody own Lots criterion, wrong only one is attitude discipline. Discipline in Mark character nation can be represented with orderly behavior and obey i on various provisions And regulations. Elementary School 1 Sumurup has applied regulation or systems that must obeyed by every inhabitant school, especially for students. System orderly the classified become system orderly general and system orderly special. System orderly general includes: 1)

Students come to school a maximum 5 minute before the bell enter school. 2) Student dress uniform complete in accordance with provision, polite, neat, And to wear shoes. 3) Students obey to Teacher. 4) Students do task given by the Teacher. 5) Students speak politely during located in the environment school. 6) Students follow all activities held by the school. 7) Students are forbidden bother order in the environment school. 8) Students establish harmony with all school people.

The special rules at SDN 1 Sumurup include: 1) Students pray before learning begins. 2) Students follow the learning in class according to schedule. 3) Students sit in assigned seats. 4) Students are prohibited from going in and out of class and walking around aimlessly during class time. 5) Students are prohibited from disturbing other students studying time. 6) Students are prohibited from making noise in class. 7) Students are prohibited from making dirty classrooms. There is a system orderly and can obeyed by student so that create an environment school and class Which conducive.

Indicator discipline Study student can developed based on a regulation system orderly from school Which is related to study discipline students Which consists of six aspect.

Table 1. Table Indicator Discipline Study Student

No.	Indicator	Sub Indicator
1.	Enter school	1. Enter class most slow 5 minutes before the bell enters. 2. Students late one come to school must report to the teacher. 3. Student permission not to go to school just because of sickness or necessary Which very important i to bring letter information. 4. Students are allowed leave class if There is need.
2.	Obligation student	1. Obey And polite to the Teacher. 2. Notice the moment the lesson going on. 3. Bring equipment to school individually. 4. No create a rowdy atmosphere.

3. Prohibition student	1. In and outclass moment lesson going on without permission. 2. Bother student other moment lesson going on. 3. Read material from other moment lesson. 4. Cheating on moment exam.
4. Clothes	1. Use uniform complete in accordance with provision, polite, neat, and well dressed. 2. Wear appropriate sports clothing in terms of the lesson PJOK. 3. Long skirt under the knee (for female student Woman).
5. Right student	1. Follow lesson during the No violate regulation. 2. Get treatment Which The same. 3. Borrow book in the library. 4. Use means And infrastructure school.

Based on indicator and sub-indicator discipline Study student, Lots students which are already obey the system orderly Which has made by the school. However still There is still not yet capable apply it in activity daily. Wrong One Which is Not yet capable of obeying the system orderly the, is student class low specifically class 1 until class 3 in elementary school 1 Sumurup. Student class low is student Which is at level First, second, And third with range age 6-9 years. Student Which are at in-class low experience 2 stage development Skills. Skills Which developed is Skills *social-help skills* And Skills *play skills*.

Social-help skills function to develop abilities in helping a person other. *Social-help skills* make students more like learning, Which characteristic cooperative. In phase This student class low has revealed their identities such as gender-appropriate traits, friendship, sharing, independence and capable compete with Friend peers (Zulvira et al., 2021) . At the same time, *lay skill phase* is related to students' motor skills such as running, jumping, throwing, catching, and playing balance. *The social-help phase skills* and *play skills* have a very positive impact on student development, out on the other hand on the other hand, this phase makes students in grades 1 to 3 at SDN 1 Sumurup too active in socializing with peers ate a commotion within class moment Process Study Teach (PBM) going on. Results study from interviews and

observations found that there were still many students in grades 1 to grade 3 who have not applied discipline such as 1) being late for school, 2) not in uniform complete, 3) No bringing equipment to school Which complete, 4) not enough paying attention to the teacher when explaining, 5) negligent in doing assignments, 6) lacking solemn in prayer and worship at school, 7) often leave class without a purpose clear, 8) lazy to change sports clothes with uniforms after PJOK lessons, and 9) disturbing other students who are studying, and 10) dirtying the classroom. Student class 1 until class 3 in elementary school 1 Sumurup Still very needs assistance from teachers in applying discipline at school and within class.

Results findings Which researcher Also similar to study owned by M.Regards and Ike Anggraini entitled "Student Learning Discipline Class V in Elementary School 55/I Sridadi." Study the produce findings that discipline students during follow regulation Which given Teacher nor school, that is (1) No make voice rowdy, (2) No bother student other and strolling momentlesson ongoing, (3) go out enter class without permission And read material Which in accordance with lesson which while ongoing, (4) uses shoe moment lesson going on. Besides That Teacher make a number of efforts For instill learning discipline in students, including (1) givingexemplary to students, (2) carrying out class rules, (3) giving advice and warnings to students who violate, and (4) giving punishment or penalty to student Which violates (Greetings, 2018).

2. Factors Which Influence Student Discipline Class Low inElementary School 1 Sumurup

Discipline student class low in elementary school 1 Sumurup influenced by a number of factors. Factor reason is a n incident or circumstances Which influence something matter can happen. Based on results interview and observation done by the researcher, the causes of the lack of discipline of low-grade students at SDN 1 Sumurup consist of internal and external factors. Factor internal includes: 1) lack of motivation and learning commitment in low-grade students, 2) low sense sympathy, empathy, and desire student in Study, as well as 3) level desire to socialize with Friends and peer Which is too excessive. Whereas factor external causes of low-grade students' lack of discipline at SDN 1 Sumurup among others: 1) lack of assistance from teachers to foster discipline

students, 2) socialization regarding discipline in schools which is still not massive, 3) the distance between the student's house and the school, and 4) lack of support from parents for apply discipline. factors the very influence behavior and student discipline at school and in the classroom. Therefore, it is necessary to revitalize discipline on self student especially for students class low. The findings that the researchers got were also similar to Mahasti Windha's research Wardhani title "Factors Reason The low Discipline Student elementary school Loving Cake Kulon Progo Yogyakarta".

3. Strategy For Improve Discipline Student Class 3 Elementary School 1 Sumurup

Various factors cause the lack of discipline in low-grade students at SDN 1 Sumurup, which can be overcome with a number of strategies. According to Dictionary Big Language Indonesia (KBBI), strategy is a science and the art of using various nations' resources to carry out a certain policy in war or peace. The term strategy in the first place in world military. However, now term about strategy is Still used in fields such as education which has the purpose of obtaining success in reaching objective (A. Majid, 2013) . On field education, strategy is interpreted as a plan related to a series of activities designed to reach certain educational purposes.

Based on the findings at the research location, the strategy adopted by the parties SDN 1 Sumurup to improve student discipline, including 1) the use of strategy *self-management* (*self-monitoring*, *stimulus control*, and *reward*), 2) making the Teacher as *role model* for students in apply discipline, 3) Teacher do approach personal in a manner *one by one* with student, 4) apply system *rewards* And *punishment*, 5) do counseling And accompaniment to student who experienced problem, 6) massive socialization about discipline in school to student nor person old student, And 7) evaluate changes in student behavior.

The researchers' findings were also similar to Faiqotul's research Isnaini and Taufik entitled "Strategy *Self-Management* For Increase Learning Discipline". The result of this research is the discipline of learning can be upgraded through group counseling with strategy *self-management* Because students can be more open in expressing the problems faced as well own awareness. And not quite enough

answer in operating all tasks related to activities study at school or at home.

CONCLUSION

Factors causing the lack of discipline of low-grade students at SDN 1 Sumurup consists of internal factors which include: 1) lack of motivation and commitment to deep learning low-grade students, 2) low sympathy, empathy, and students' desire to learn, as well as 3) level desire socialize with Friend peer Which too excessive. While external factors cause the lack of discipline of low-grade students at SDN 1 Sumurup includes 1) lack of assistance from teachers to foster discipline students, 2) socialization regarding discipline in schools which is still not massive, 3) distance students' homes with schools; and 4) lack of support from parents to apply discipline. Strategies that SDN 1 Sumurup can apply to improve discipline students between other: 1) use self-management strategy (self-monitoring, stimulus control, and reward), 2) make the Teacher as role model for students in applying discipline, 3) the teacher takes a personal approach one by one with students, 4) implementing a reward and punishment system, 5) conducting counseling and accompaniment to student Which experience problem, 6) massive socialization about discipline in school to student nor person old student, And 7) evaluate change student behavior.

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