



THE ROLE OF PARENTS IN TEACHING CHILDREN TO FAST RAMADHAN KUTOREJO VILLAGE MOJOKERTO

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Abstract

The month of Ramadhan is a month that is eagerly awaited by all Muslims. This month we do the obligation that is to fast for one month. The role of parents is needed this month, where parents are obliged to educate and trained their children to fast during Ramadhan. This is also done by parents in Kutorejo Village, Mojokerto. This research is based because researchers are interested in the role of parents in carrying out their obligations to their children. The purpose of this study (1) is to find out the ways of parents in Kutorejo Village, Mojokerto Regency in training their children to fast. (2) knowing the difficulties of parents in Kutorejo, Mojokerto to train their children to fast. In this study, the researchers used a qualitative method with a descriptive form. And the data collection technique was carried out by observing and interviewing the intended object, namely parents and children in Kutorejo, Mojokerto. From this study, it can be concluded (1) the method used by parents in Kutorejo, Mojokerto when their children were able to fast without coercion and do their best will be given prizes. And the second way that parents do is with their habits being able to become a reflection of their children. (2) the difficulty of parents to train their children to fast in Kutorejo, Mojokerto namely the difficulty of monitoring their children when playing with friends who were afraid that they will break their children's fasting, and secondly, the children were very difficult to wake up for sahur and the children want to hurry up, breakfast before it's time to break the fast.

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A. INTRODUCTION

Parents are the first teachers who teach children about everything. Parents must ensure a good life for a child, because children are a mandate that must be guarded, cared for, and guided to become human beings who are beneficial to many people and always obey God. Parents have a big influence on their children, because most of their children's lives are at home with their families. In this case, parents play an important role in educating their children starting from social life, becoming good individuals, especially on spiritual values.

Spiritual cultivation to children should be taught as early as possible, so that it is not too difficult to manage. Spiritual education is important for all human beings, including children. If the child is like water, it will always change shape according to its container. It is the same with the behavior of a child, where the personality of parents becomes a reflection of their children. If parents do good, then automatically a child will imitate what he sees. On the other hand, if parents behave badly, it is likely that a child will imitate the behavior of their parents. Of course, as a parent, you want the best for your child.

One example of the formation of a child's character is by carrying out the fasting worship of Ramadan, Ramadan fasting is the 3rd pillar of Islam and it is an obligation and obligation for Muslims to do it. Where it has been stated in the letter Al-Baqarah verse 183, which means "O people of faith! You are required to fast like those before you so that you may become pious" (Surah Al-Baqarah verse 183).

The month of Ramadan is a special month for Muslims, where this month is seen as a month full of forgiveness and a month full of mercy. In the month of Ramadan we are required to refrain from eating and drinking, restraining emotions and anger, prohibit sexual intercourse, and various things that can break the fast. Which starts from the rising of the dawn which is the beginning of the dawn call to prayer until the sunset or the sunset call to prayer. In this month we as Muslims are competing to get as much reward as possible. This is a separate note for parents to be an example for their children, doing good in the month of Ramadan. For example, parents must teach how beautiful it is to fast in the month of Ramadan, but with a note that parents must also fast, don't just tell their children. It is true that fasting for children is not obligatory, especially if the children have not yet reached puberty. However, apart from this non-obligation, as parents, it is better to get used to and train children to worship in the month of Ramadan. Parents can start by waking their children up at dawn, breaking their fast, performing tarawih prayers in congregation, tadarus, and other positive things to do in the month of Ramadan.

By practicing Ramadan fasting for children, parents indirectly teach them to be honest and patient. Therefore, we observed parents and children in Kutorejo

Village, Kutorejo District, Mojokerto Regency. As proof of whether in the village the parents have taught the practice of worshiping in the month of Ramadan to a child. This is what makes us as writers interested in conducting research in order to complete the end-of-semester test assignments, and Islamic religion courses.

B. METHODS

In this study, we as researchers used qualitative research methods in a descriptive form. Qualitative research is a research method that produces descriptive data in the form of writing or speech, and this method also observes the behavior of the observed object. This method is used to obtain a basic understanding of the social nature of the participants (Bogdan & Biklen, 1992:21). The author applies this method by surveying parents and children in Kutorejo Village, Kutorejo District, Mojokerto Regency. For data collection using observation and interview techniques.

C. RESULTS AND DISCUSSION

In accordance with our method, the following are the results of observations and interviews with parents and children in Kutorejo Village, Kutorejo District, Mojokerto Regency.

How parents teach fasting to children in Kutorejo, Mojokerto

What parents do to teach fasting to their children in Kutorejo Village, Kutorejo District, Mojokerto Regency, according to Atik's mother who we interviewed on Friday, June 10, 2022 said "I as a parent usually do activities such as sahur during the month of Ramadan. There I woke my son up to see his parents who were having sahur. And this is where I also convey to my children that fasting is obligatory and finally my child imitates what I do." Parents are a reflection of their children and are very influential on the growth and development of a child.

The same thing was done by Khadijah's mother, she said "I usually take my child for sahur and I will also give a gift if my child can fast as hard as my child can, and I think the gift is a whip for the child to fast". However, Ibu Indah said something different, according to her, "I never give gifts to my children for worship, because this will affect the children in the future. Where they will do good if only given a gift, not with a good heart sincere". With this difference of opinion, it is evidence that parents have their own way of directing their children in worship.

Another opinion was also expressed by Nikmah's mother "I never force children to fast, but I explain that fasting in Ramadan is obligatory and the fasting

person gets a double reward, and if he does not fast, he will get a big sin". Giving an understanding to children about reward and sin is a good start, so that children can understand which actions can bring rewards and which actions lead to sin. Another thing was also conveyed by Mrs. Lilis, she said "I usually give parables to my children that people who fast are the same as people who are less able. Where they have to endure hunger". By giving examples that fact will make a child can think logically and will make a child to respect others and feel what other people who are less capable feel.

Difficulty of parents in training a child to fast in Ramadan

In this interview, the author also asked parents about the obstacles parents experience in training their children to fast. According to mother Indah and other parents "My difficulty in training children to fast is that they want to quickly break their fast. Incidentally, I have two children, whose older sister I told to fast until noon and her sister until 10 am. And it always becomes a commotion, because when his sister breaks her fast at 10 am, her sister also wants to break her fast even though 12 o'clock is still long." From here, parents must give understanding to their children about the true meaning of fasting. The next obstacle that is often experienced by parents is "difficulty in waking the children for sahur", which was expressed by Atik's mother.

However, despite the many obstacles that parents experience when training their children to fast, parents must be patient and continue to educate their children to fast in the month of Ramadan, because Islam requires fasting in the month of Ramadan. And the author also interviewed several children in Kutorejo Village, Kutorejo District, Mojokerto Regency. The following is a graph of the number of children fasting and the time the children chose to fast.

The graph shows that there are 2 children who fast until 10 am, with an age range of 4 to 6 years. Then the children who fasted until dhuhur amounted to 4 people, with an age range of 7 to 9 years. And there are 6 people who fast until sunset, with the age of more than 10 years. However, when the authors asked the children for data in Kutorejo Village, Kutorejo Sub-district, Mojokerto Regency, they also said that it turned out that many of them were fasting, aka not fasting for various reasons. Starting from being sick, following friends who weren't fasting which eventually led to not fasting, not attending sahur because they were sleepy, and most of these children answered that they couldn't hold back their thirst, especially when they came home from school, thirst was always the reason for these children. to drink immediately and break their fast. And this graph also proves that parents have taught their children to fast from an early age, so that when they reach the age that they are required to fast, they will not be surprised and get used to it.

When researchers conducted interviews with children, they said various reasons why they fasted. Starting from the reason that their parents asked them to, wanting to get a gift from their parents if they fasted, there were also those who followed their parents to wake up for sahur and finally joined the fast too, and there were also those who really wanted from their hearts.

From the data that the researchers got when surveying children in Kutorejo Village, Kutorejo District, Mojokerto Regency, that age is not a barrier for them to fast, even though the fasting that these children do is not done in full in a day but at least they have learned about its meaning. fasting ramadan. Fasting that children do is according to their age, if they are less than five years old then fast until 10 pm, and for those aged 7-9 fasting until dhuhur and for children over 10 years old they must fast until sunset, because it is felt with At that age, the body has been able to accept it, and children over the age of 10 have clearly understood the rewards for fasting and the sins for leaving fasting.

The method used by parents in Kutorejo Village, Kutorejo District, Mojokerto Regency regarding teaching children to fast is still less effective. According to one parent, giving gifts is an effective way to get children to fast. Giving a gift to children is indeed promising and one of the ways that parents use to get their children to worship. However, in the case of giving this gift, parents should also provide an explanation of the practice of worship. And parents should not continue to lure children with gifts so that they want to worship, so that children do not depend on gifts, and children can understand that worship is because of Allah, not because of gifts. Besides giving gifts, parents also need to provide an explanation about life in the afterlife. Where people who do good deeds will get the reward of heaven, but for people with bad deeds will get the reward of hell.

Besides, there are some parents who do not tell their children to fast but let it flow by itself. This is actually not recommended, because remembering that parents are a child's first teacher. If parents neglect their children's worship from an early age, how long will the parents teach it. And currently most of the children who do not perform fasting worship are children who lack attention from their parents or even children who are too spoiled by their parents. And most of the children that the researchers interviewed said they fasted because of their parents' orders and saw their parents' habits. Here the role of parents is very important to their children, which is like the explanation of the children that they follow the actions of their parents.

In teaching their children to worship fast, it must not go smoothly, there must be challenges faced by parents such as the lack of motivation in children to fast worship properly. A child must think the reason for the fast, this is where the role of parents is to provide an explanation that is able to build a child's motivation. Then there are parents from Kutorejo Village, Kutorejo Subdistrict, Mojokerto Regency who complain about their children who are always tempted

by their friends who don't fast. Here from the observations that researchers know that parents should provide useful activities for their children, so that their children temporarily when they are fasting do not play with their friends who are not fasting, so that their children are not tempted by their friends who are not fasting, which is feared that the child will break his fast secretly. silent without their parents knowing. Useful activities that parents can do are inviting children to recite the Koran, playing videos about religion and other positive ways. Besides the prohibition, parents also provide an explanation as whatever we do will surely be seen by God. This is to anticipate if the child wants to play with his friend, because parents also should not be too restrictive of their child's friendship. It is hoped that with this explanation the child does not break the fast for any reason, including being tempted by his friend.

A small child is not directly obligated to fast in Ramadan for a whole month, because it is not logical or unnatural for a child who is just learning to fast to fast for a whole month. A child can do fasting gradually, maybe if he learns to fast until 12 o'clock then next year it can be increased to sunset. Then if fasting this year for example one week a child fasts 4 times, then strive for the following year to fast one full week. This gradual way of fasting allows a child to fast for a full month.

As a parents, you must think about your child when fasting, afraid that your child will not be strong, afraid that your child will be malnourished, and afraid that your child will get sick. In fact, by teaching children to fast as a medium to clean the outside and inside of a child, fasting can also be a physical exercise for children to become stronger, and fasting is also able to foster good character for a child.

E. CONCLUSION

From the discussion that has been presented by the researchers, it can be concluded that: *first*, the method used by parents in Kutorejo Village, Kutorejo District, Mojokerto Regency when their children are able to fast without coercion and do their best will be given prizes. And the second way that parents do is with their habits being able to become a reflection of their children. *Second*, difficulties for parents to train their children to fast in Kutorejo Village, Kutorejo District, Mojokerto Regency, namely the difficulty of monitoring their children when playing with friends who are afraid that they will break their children's fasting, and secondly, the children are very difficult to wake up for sahur and the children want to hurry up break the fast before the time to break the fast.

Suggestion

From the conclusion above, the researcher gives some suggestions as follows:

1. Parents in Kutorejo Village, Kutorejo District, Mojokerto Regency should make a fasting table where the contents of the table are records of children's fasting which will be compared with the years to come. And it is hoped that there will be an increase in fasting in Ramadan from year to year.
2. It is better if a child needs an explanation about fasting, the parents must explain until the child understands. And parents must also set an example for good attitudes and actions in accordance with Islamic religious law that can be emulated by children.

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